



Friends of Sumi-e

April 2026

Volume 4 | No. 4

Dear Friends of Sumi-e,

So what does the word creativity evoke for you? For me it feels like freedom and spontaneity. But I admit at times it feels like a burdensome responsibility. How do I create something that is a worthy accomplishment?

Lately I've been slowly working my way through a book which has triggered much contemplation and sometimes even action, in regard to "creativity". It is "The Artist's Way" by Julia Cameron. As I read and think about her own discoveries, I have been learning a new definition of creativity for myself. It is not an easy journey but the book is in its 30th edition so it certainly has gained some attention. If this is a new reference to you, I recommend checking it out. It can be found in the library which is how I discovered it initially and then wanted more time with it and bought my own copy. Take a step in the direction of a happy creating experience.

Still learning,

Sylvia

JUNE EXHIBIT & SALE A RETROSPECTIVE EXHIBIT**

It's coming . . .
Our first summer exhibit/show
Saturday/Sunday June 27-28, 2026
Room 101 | Casa del Prado
Friday, June 26 Setup and Art Delivery

If possible, we would like up to three (3) pieces per participant.

Please share one new piece or at least one of your newer pieces and one earlier work showing progression in your practice.

This will be a quiet, centered exhibit highlighting student work and our progression through the years of study. No stressing allowed!

We will, of course, have our tea, origami and hands-on demo tables, and we always need all members to share the load as our community continues to share sumi-e with the public.

We also would like to again have our Marketplace table with small sumi-e related items and the hinadan area for smaller personal works.

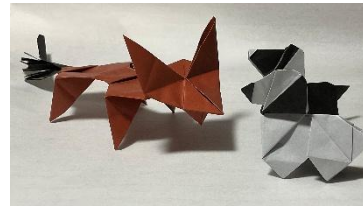
We ask that you use SignUp Genius, when it becomes available, and pick where you would like to participate.

If you have suggestions or questions, please contact Kathy at kathyladyann@gmail.com or 619.665.2477.

**a generally comprehensive exhibition, compilation, or performance of the work of an artist over a span of years

FIRST WEDNESDAY ORIGAMI GANG
Wednesday, April 1, 2026
9:00 AM to Noon
Room 104, Casa del Prado, Balboa Park

Vickie will be in room 104 Wednesday April 1st (no April Fool!). She is planning on folding dogs and foxes. Please RSVP to her at lavegilmore@gmail.com.



APRIL WORKSHOP
Saturday, April 4, 2026
9:30 am – 1:30 pm
MISSION VALLEY LIBRARY
2123 Fenton Parkway, San Diego, CA 92108

Please join us for our next Workshop Saturday April 4th at 9:30 am at the Mission Valley Library.

This workshop will be based on painting Japanese Zen Trees. Several styles will be demonstrated, and you will paint your peaceful portrayals of your favorite trees. From Zen to Bonsai bring your ideas, brushes, paints and paper. Let's enjoy this beautiful spring day with nature in a quiet setting and practice our strokes!

Demo by Deborah Pennell

FREE PARKING!



IMAGES FROM THE MUSTARD SEED GARDEN BOOK

MARCH WORKSHOP

We had a BIG turnout for PAINT BIG! What a success!!!! Thank you to everyone for your creativity. See the last page of this Newsletter for photos.

WORKSHOP TEAM

Many thanks to our hard-working Workshop Team for this year's fantastic workshop schedule. When you see them, be sure to give them a hearty handshake and a BIG thanks!

Cliff Chally clckms@sbcglobal.net
Beverly Edge beveredge2@yahoo.com
Cynthia Ramirez cynthia.architecture@gmail.com



JOIN US!

Friends of Sumi-e

JAPANESE BRUSH
PAINTING EXHIBITION
& SALE

JUNE 27-28, 2026

11:00AM-4:00 PM

LOCATION

Room 101, Casa del Prado,
Balboa Park



Artwork by
Clifford
Brown



Explore the world of Japanese Brush Painting: view the beautiful paintings, taste the wonderful snacks and tea, listen to the enchanting music, try your hand at origami or at our experiential table and take home your own masterpiece.

Do a little shopping, too, at our Marketplace.

Free Admission

**Beautiful Japanese
Brush Ink Art**

**Delicious Japanese
snacks and green
tea**

**Delightful Japanese
music**

Upcoming Workshops & Society Events/Activities
All in Room 104, Casa del Prado, Balboa Park from 9:00 AM to Noon unless otherwise noted

April	April 1	Wednesday Workshop	Dogs & Foxes with Vickie
	April 4	Saturday Workshop	Trees with Deborah Mission Valley Library
May	May 2		Spontaneity with Julie Serra Mesa Library
	May 6	Wednesday Workshop	TBD
June	June 3	Wednesday Workshop	TBD
	June 6	Saturday Workshop	Show Preparation Mounting Workshop Room 104
July	July 1	Wednesday Workshop	TBD
	July 4		DARK
August	August 1	Saturday Workshop	Painting on Dark Paper with Sarah & Kathy Room 104
	August 5	Wednesday Workshop	TBD
September	September 2	Wednesday Workshop	TBD
	September 5		Annual Gathering
October	October 3	Saturday Workshop	Festival of Trees Decorations Workshop with Kathy Room 104
	October 7	Wednesday Workshop	TBD
November	November 4	Wednesday Workshop	TBD
	November 7	Saturday Workshop	Field trip to Oriental Art Supply & Lunch Watch for more information
December	December 2	Wednesday Workshop	TBD
			DARK



 Joe Cross Classes – 1st Saturday of the month at 1:00 PM

 Tuesday Painters: Currently on hiatus

SAN DIEGO COUNTY FAIR | EXHIBITION OF FINE ART



It's that time of year again! Please consider submitting your masterpieces to the San Diego County Fair. The Asian Art Division has decreased in size over the past few years and is in danger of disappearing altogether. It is to our advantage to keep this division strong. Please consider your strengths and enter in 2026. Here is the link to everything you need to know. It's easy and fun!

The deadline to enter is fast approaching: April 27, 2026 at 8:00 PM

<https://www.sdfair.com/p/participate/entry/fine-art>

OUTREACH OPPORTUNITIES

Because of our very cool website (www.friendsofsumi-e.com) we are periodically contacted to share our love of sumi-e with various community groups. Here are some outreach events that you can choose from:

- San Diego Bonsai Club has invited Friends of Sumi-e to participate with a static table and a demonstration table April 25 and 26. It is FUN! Please contact Kathy (kathyladyann@gmail.com) if you are interested.
- Japanese Friendship Garden PopUp opening reception at the University Club on April 28th at 6:00 pm. We have been asked to have an information-only table at this event. Don and Gaye will represent the Society at this event.
- San Diego River Foundation Plein Aire events May 9-17 at various locations along the San Diego River. Of interest to Friends of Sumi-e may be Mission Trails Regional Park, the Famosa Slough (Point Loma/Ocean Beach) or Dog Beach in Ocean Beach. Contact Gaye (ralsgal@gmail.com) if you are interested in further information. This is an opportunity to be outdoors and meet some new folks as well as share our love of Sumi-e and promote our upcoming June Exhibition.
- San Diego County Fair: Demonstration of Camellia Japonica in Sumi-e sometime during the Fair (June 10-July 5). The times available are Wednesday through Sunday at 1:00, 2:00 and 3:00 pm. Tables and chairs are provided. Parking, transportation from the parking area to front gate and entry fees are all provided. Additional free passes are provided, too! Contact Gaye (ralsgal@gmail.com) if you are interested for further information. Again, this is an opportunity to be outdoors in the beautiful County Fair garden display section, meet some new folks, share our love of Sumi-e and promote our upcoming June Exhibition.
- We have also been contacted by the Visions Museum of Textile Art at Liberty Station. This museum is developing an exhibition which will open June 27th and run through October 10th. It is unclear what is required so, again, if you are interested let Gaye (ralsgal@gmail.com) know and she will keep you posted or put you in direct contact with the museum.

PAINT BIG!

