



# Friends of Sumi-e

January 2026

Volume 4 | No. 1

---

Happy Holidays to Friends of Sumi-e!

The New Year is just around the corner and with it comes new challenges. Paying for parking at Balboa Park will soon be a challenge which we will have to face and figure out. As details are made clear we will do our best to keep you up to date.

The coming year will hold some new and exciting experiences for Friends of Sumi-e as we have a new committee that will be coming up with ideas for our First Saturday Workshops. Beverly Edge, Cynthia Ramirez and Cliff Chally have graciously accepted positions on the Workshop Planning Committee, and they will be happy to hear your suggestions for next year.

I am thankful for all of our members who help to create an enthusiastic group of Sumi-e painters and wish you all a happy, healthy New Year!

Still learning,  
Sylvia

---

## DECEMBER WORKSHOP

Lousie & Gaye braved the chilly weather and headed to Dennis' home on December 3rd and were greeted with a fabulous view of the Sweetwater Reservoir! Dennis had a surprise for us and instead of painting boulders in his garden we went inside and painted little rocks with another artist friend of his. What a lovely morning spent! Look for pictures at the end of this Newsletter.

---

### FIRST WEDNESDAY ORIGAMI GANG

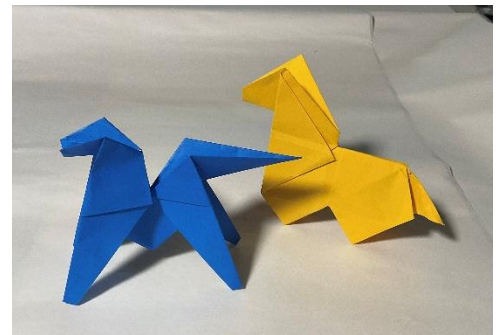
Wednesday, January 7, 2026

9:00 AM to Noon

Room 104, Casa del Prado, Balboa Park

The January Origami Gang will make red and/or gold horses for the Shinnenkai celebration in February.

*Please email Vickie at [lavegilmore@gmail.com](mailto:lavegilmore@gmail.com) with your  
RSVP.*



---

\*\*\*\*\*

---



**JANUARY WORKSHOP**  
**Horses with Louise**  
**Saturday, January 3, 2026**  
**9:00 am to Noon**  
**Room 104, Casa del Prado, Balboa Park**



Many of us already just have had good class instruction on the subject of horses. And because we will have much to discuss (the past November show, December Nights, and Parking, etc.), Louise will give a shorter demonstration so as to give you ample time to paint on your own. She'll bring many pictures for your reference and provide individual assistance if wanted. Bring your regular paints, paper, and project ideas such as New Year postcards. We'd like to have time for show-and-tell at the end of the meeting.

**Upcoming Workshops & Society Events/Activities**  
**All in Room 104, Casa del Prado, Balboa Park from 9:00 AM to Noon unless otherwise noted**

<b>January</b>	Saturday	January 3	Saturday Workshop	Year of the Fire Horse with Louise Rendich
	Wednesday	January 7	Wednesday Workshop	Red or Gold Horse with Vickie in preparation for Shinnenkai celebration
<b>February</b>	Wednesday	February 4	Wednesday Workshop	TBD
	Saturday	February 7	Shinnenkai	TBD
<b>March</b>	Wednesday	March 4	Wednesday Workshop	TBD
	Saturday	March 7	Saturday Workshop	TBD
<b>April</b>	Wednesday	April 1	Wednesday Workshop	TBD
	Saturday	April 4	Saturday Workshop	TBD



Joe Cross Classes – 1<sup>st</sup> Saturday of the month at 1:00 PM



Tuesday Painters: Currently on hiatus

**THE FOUR TREASURES OF JAPANESE BRUSH PAINTING**

We all know of the four gentlemen – Bamboo, wild orchid, chrysanthemum and plum blossom. We also have “Four Treasures of the Study” (*Bunbo Shiho*): The Brush (*fude*), Ink (*sumi*), Inkstone (*suzuri*), and Paper (*washi* or *hanshi*).

This month we will take a look at The Brush and how it is made. Follow this link: <https://www.youtube.com/watch?v=lw4UygBY40Q>

After you have viewed the video, consider your brushes and how they react when you use them and how they work in conjunction with various papers. Enjoy this journey. If you would like to share your thoughts, please send them to your Editor ([ralsgal@gmail.com](mailto:ralsgal@gmail.com)) and we'll include them in the next Newsletter.

We'll visit Ink (*sumi*) in February





## PARKING IN THE PARK

Currently, the City of San Diego has imposed paid parking in Balboa Park beginning January 5, 2025. Residents of the City of San Diego have one rate and non-residents have another rate. Here is the link to the City's Balboa Park parking website: <https://www.sandiego.gov/parking/balboapark> Your Editor hopes it makes sense. We will have a Q&A session available at the January Workshop.

---

